

Dear guests,

Welcome to our "Ustria Alpsu," the golden mean of the cantons of Graubünden and Uri.

Here, in the middle of our jewel in the mountain landscape, we create an atmosphere characterized by personality and exquisite craftsmanship.

In our little bijou, we strive to provide an authentic alpine experience. The culinary journey in our kitchen stands out for its special attention to craftsmanship, with all pasta dishes lovingly homemade.

We consistently focus on regional products because we firmly believe that freshly prepared dishes not only taste better but are also healthier. Through numerous partnerships with Swiss companies, we actively contribute to sustainability.

Enjoy homestyle cuisine with Veltliner flair and exquisite wines from outstanding winemakers.

Our motto "Small but mighty" permeates every facet of our work to always offer you a special culinary experience in our bijou.

We wish you a wonderful stay with us.

Your host

Pierina Tschuor & Mathias Cavegn with the Alpsu team

Vegetarian

Risotto d'izuns Blueberry risotto with homemade mascarpone ice cream	24.00
Tagliarins Homemade pasta with leek, carrots, zucchini with cream sauce	25.00
Malfatti Homemade ricotta and spinach spaetzli with sage butter and cream sauce	23.00
Potato gnocchi Homemade potato gnochi, gorgonzola sauce with tree nuts and pears	25.00
Pizzoccheri Homemade buckwheat noodles with potatoes, cabbage, carrots and cream sauce	25.00
Meat and fish	
Fresh veal liver alla Mefs Sage butter and red onions with hash browns	31.00
Meatballs Meatballs with bramata polenta, vegetables and gravy	28.00
Lughanigetti Pork sausages with saffron risotto, red wine jus and vegetables	29.00
Veal cream schnitzel Veal schnitzel, homemade pasta with mushroom cream sauce and vegetables	37.00
Mefs Surf and Turf Beef fillet and lobster tail, special sauce and risotto	59.00
Dearguests	



We would like to point out that we do not make any changes to the dishes may take into account. Our dishes are coordinated so that they harmonize. Thank you for your understanding

Cold dishes

House	e salad	21.00
	Mixed salad with fried croquettes filled with cheese and house dressing	
Plättli		29.00
	Dried meat and cheese specialties	_0.00
	Died Heat and Greese specialies	

Dessert

Torta dalla Nonna Shortcrust pastry filled with vanilla cream	7.50
Fresh fruit cake daily (whipped cream +1.50) Apricots or plums	8.00
Mef's cream slices Puff pastry filled with airy vanilla cream and berry compote	12.00
Coccas da meila Apple fritters with homemade mascarpone ice cream and vanilla sauce	12.00

Children's plate

Recognizing the importance of a balanced diet we offer our young guests the same delicious main courses in specially tailored, smaller portions.

We offer the children's portions at a reduced price of minus 7.- per dish. We only serve children's plates to children up to 12 years old.

Sirocco tea

Drinking tea is a tradition and a culture. Enjoy the open tea in a bag from controlled organic cultivation.

Let the tea steep for a few minutes so that it develops its full aroma can unfold. We serve you various varieties in 3 dl glasses.

The practical tea bags are filled and made by hand from biodegradable material based on corn starch (i.e. no nylon). The thread required for the seam is a natural cotton thread. The individual bags can sometimes have small tolerances in size as a characteristic of the handcraft. But that's exactly why they are small works of art - bag by bag.

Moroccan Mint

Organic herbal tea made from Moroccan nana mint
Fascinates with incomparably intense aroma and the invigorating scent of pure
Moroccan nana mint. A refreshing treat for all the senses

Piz Palü

Organic herbal tea from Switzerland

A poem of nature with the best ingredients from the organic mountain herb gardens of the Swiss Alps. Soothing, stimulating and with a beguiling scent.

Red Kiss

Organic fruit tea

An exquisite mixture of sun-kissed ingredients from organic cultivation full of fruity-sensuous magic. Seduces even the most discerning palate time and time again.

Verbena

Organic verbena tea

Organically grown lemon verbena from Morocco with a wonderfully refreshing taste.

Japanese Sencha

Organic green tea from Japan

Sencha is a green tea that is characterized by a distinctive and fresh taste and very uniform, emerald-colored leaves. It is typical of Japanese green teas that they are pre-dried with hot air and then usually briefly treated with hot steam to interrupt fermentation.

Purple Breeze

Organic Darjeeling

Plucked from the traditional tea gardens on the southern slopes of the Himalayas. A Darjeeling with the characteristic sweet spice.

Drinks

Vivi Kola Vivi Kola Zéro Vivi Bio Ice Tea 100% Swiss Bio Tea	3.3 dl 3.3 dl 3.3 dl	6.00 6.00 6.00
Vivi drinks are made in Eglisau, Switzerland		
Bottled water still or sparkling Bottled water still or sparkling Elmer Citro Rivella red/blue Sinalco Schweppes Tonic	4 dl 8 dl 3.3 dl 3.3 dl 3.3 dl 2 dl	5.00 8.50 5.50 5.50 5.50 5.00
Möhl apple juice products		
Shorley Suure Moscht Suure Moscht without alcohol	5 dl 5 dl 5 dl	6.50 7.50 7.50
Beer from the barrel		
Feldschlösschen Lager Feldschlösschen Lager Feldschlösschen Lager	2 dl 3 dl 5 dl	4.00 5.50 7.00
Special beer		
Feldschlösschen Schlossgold (without alcohol) Schneider-Weisse Original Schneider-Weisse Original (without alcohol)	3.3 dl 5 dl 5 dl	5.50 7.50 7.50

Hot drinks

Coffee Milk coffee Espresso Chocolate hot or cold Ovomaltine hot or cold Cappuccino Double espresso		4.50 4.50 4.50 4.50 4.50 5.50
Coffee, choco, ovo mélange (with whipped cream)		6.50
Punch various types Oranges, rum (without alcohol) apple		4.50
Coffee with a shot		
Coffee Alpsu Coffee, secret liquor and whipped cream		9.00
Alpine milk Eggnog with hot milk and whipped cream		9.00
Coffee Fertig/Lutz Fruit brandy, plums or Chrüter		7.00
Holdrio Rosehip tea with plum schnapps		7.00
Coffee Baileys Coffee, Baileys liqueur and whipped cream		9.00
Coretto Grappa		6.50
Fruit brandies Etter Distillery		
Zug cherry, 41% Williams pear, 42% Vieille Prune Barrique, 41% Fruit brandy liqueur apricot, 15%	2 cl 2 cl 2 cl 2 cl	10.50 10.50 11.50 7.00

Open wines

	Red		
Santa Rita Mamete Prevostini Nebbiolo Veltlin, Italien Jahrgang 2021		1dl	7.00
Pinot Noir Grendelmeier Philipp Pinot Noir Zizers, Graubünden Jahrgang 2022	White	1dl	7.50
Il Bianco Brancaia Sauvignon Blanc Toscana, Italien Jahrgang 2022		1dl	7.00
Riesling Silvaner Grendelmeier Philipp Riesling Silvaner, Zizers, Graubünden Jahrgang 2022	Rosé	1dl	7.50
Schiller Grendelmeier Philipp Pinot Noir, Chardonnay Zizers, Graubünden Jahrgang 2022		1dl	7.50
	Sparkling wine		
Prosecco Spumante DOC		1dl	7.00
Franciacorta Ronco Colino brut DOCG bio Chardonnay, Pinot Noir Italien, Lombardei		1dl	9.00

We would be happy to bring you our separate wine list with the bottled wines.

Dear guests

For questions about allergens and ingredients, an intolerance trigger, please contact our service staff.

Delivery regulations for alcoholic beverages according to the Food Ordinance:

Wine, beer, panaché may not be sold to young people under the age of 16. Spirits, alcopops may not be sold to young people under the age of 18.

All dairy products are steam heated.

Declaration of origin of meat and fish:

Veal: Switzerland, beef: Switzerland, Uruguay pork: Switzerland

venison: Sedrun, dried meat: Switzerland

From the Sea: Northwest Atlantic

Thank you for your visit and we look forward to seeing you again.

Your hosts
Pierina Tschuor and Mathias Cavegn with team

